

Government General Degree College, Mangalkote



**Report of the Anti-Tobacco Campaign
Organized by
NSS, GGDC, Mangalkote
On
26/08/2022**



Dr. Pradipta Kumar Basu
OFFICER IN CHARGE, W.B.E.S.
Government General Degree College, Mangalkote
Dt. Purba Bardhaman, West Bengal- 713132

DETAILED REPORT:

1. Aims and Objectives of the Programme: Tobacco addiction causes many health hazards and diseases like Cancer, Coronary Obstructive Pulmonary Disease (COPD), heart ailments and strokes, Asthma and many other health issues which reduce the lifespan of people. Spreading awareness on the adverse effects of smoking cigarettes as well as intake of other tobacco related products is essential to reduce or completely stop the usage of it as passive smokers, second-hand smokers, and surrounding people all get affected equally. It creates a harmful influence on children and the youth making them addicted to tobacco from a very young age. Governments all around the world, including India, have passed laws prohibiting smoking in public places. Schools, Colleges and other institutions that have enacted laws banning the use of tobacco products at all indoor and outdoor campus sites are considered to have tobacco-free campuses, benefitting all. Therefore, NSS Unit of GGDC Mangalkote has arranged an outreach programme on "Anti-Tobacco Campaign" by visiting Mangalkote Block Development Office on 26st August, 2022. The main objectives of this programme are:

- Demonstrate how the authorities and staffs of Mangalkote BDO can contribute to making a sustainable, tobacco-free world, either by committing to never taking up tobacco products, or by quitting the habit.
- Spreading Awareness on the adverse effects of both active and passive smoking.

2. Proceedings of the Programme (Description):

a) **Name of the programme:** Anti-Tobacco Campaign

b) **Date:** 26.08.2022

c) **Time:** 12 P.M. onwards

d) **Venue:** Mangalkote Block Development Office

e) **Organizers of the Programme:** NSS Unit, GGDC Mangalkote

f) **Brief Summary of the Programme:** On 26th August 2022, the NSS unit of GGDC Mangalkote, along with other students of the college, conducted an Anti-Tobacco Campaign in Mangalkote BDO, around 12:00 P.M. Students carried Anti-Tobacco placards and participated in the campaigning programme, educating nearby villages along with all the BDO staffs about the detrimental effects of tobacco consumption including cancer, respiratory issues (COPD), diabetes, asthma, and heart disease. They also emphasized the hazards of both active and passive smoking on human health. Local people were urged to consider quitting smoking for their overall well-being by the NSS members. The campaign concluded at 2:00 pm after which the students returned to their college.



3. Participants: NSS Unit & Our college students

4. Result of the Programme: The NSS unit convinced the nearby localities and community people to quit tobacco-consumption due to its harmful impact. The interactive approach fostered open communication, allowing villagers to ask questions and share their perspectives on tobacco use. Initial commitments were received from some villagers to consider quitting tobacco.

5. Conclusion: To conclude, the Anti-Tobacco Campaign was organized and conducted with great efforts by all the NSS members of GGDC Mangalkote and nicely supported by other students and teachers as well. The message from the programme “QUIT TOBACCO AND LIVE LONG” was indeed a thoughtful quote for spreading awareness to all. The campaign was well appreciated by the authorities of the Mangalkote BDO as well as all the local people who willingly interacted with the NSS Unit.



Our NSS Unit-1 students campaigning about the benefits of quitting tobacco products at the Mangalkote Block Office premises on 26.8.22.



Dr. Pradipta Kumar Basu
OFFICER IN CHARGE, W.B.E.S.
Government General Degree College, Mangalkote
Dt. Purba Bardhaman, West Bengal- 713132



NSS unit members interacting with the Mangalkote BDO staffs and spreading awareness about the ill effects of tobacco intake on 26.8.22.

Amitra Rudra

NSS PROGRAMME OFFICER, GGDC, MANGALKOTE

Basu



Dr. Pradipta Kumar Basu
OFFICER IN CHARGE, W.B.E.S.
Government General Degree College, Mangalkote
Dt. Purba Bardhaman, West Bengal- 713132



Government of West Bengal

NSS UNIT

GOVERNMENT GENERAL DEGREE COLLEGE, MANGALKOTE

PANCHANANTALA, KHUDRUN DIGHI, MANGALKOTE

DISTRICT – PURBA BARDHAMAN; WEST BENGAL; PIN CODE - 713132

NOTICE

No.MGC/NSS/10/22

Date: 17.08.2022

It is hereby notified for the information of all concerned that the NSS Unit of the college is going to organize an **Anti-Tobacco Awareness Campaign** on **26.08.2022** at **Mangalkote Block Development Office** premises. This campaign is part of the **Social Responsibility and Health, Hygiene and Sanitation Initiative** of the NSS Unit (in association with the IQAC) of the college to spread awareness about the negative impact of tobacco use.

NSS volunteers are asked to participate in the campaign.

(Dr. Pradipta Kumar Basu)
Officer-In-Charge
GGDC, Mangalkote

(Mr. Aritra Rudra)
Programme Officer, NSS Unit I
GGDC, Mangalkote



Dr. Pradipta Kumar Basu
OFFICER IN CHARGE, W.B.E.S.
Government General Degree College, Mangalkote
Dt. Purba Bardhaman, West Bengal- 713132

Anti Tobacco Campaign at Mangalkote Development Block Office
Organized by NSS Unit, Government General Degree College, Mangalkote
(Date: 26.08.2022)

STUDENT ATTENDANCE SHEET

Sl. No.	Name of the Student Volunteer	Department	Semester	Signature
1	AMIN SK	History	V	Amin sk
2	ASHA PRAMANIK	History	V	Asha Pramanik
3	ASTHA PAL	History	V	Astha Pal
4	BINA MAJHI	History	V	Bina majhi
5	BRISHTI MONDAL	Bengali	I	Brishti mondal
6	JAYABOTI BATABYAL	Bengali	I	Brishti mondal
7	SUBRATA KAR	Bengali	I	Subrata Kar
8	BRATATI BAIRAGYA	English	I	Bradati B Bairagya
9	ARDHENDU MONDAL	BA General	III	Ardhendu mondal
10	BIKASH LAHA	BA General	III	Bikash Laha
11	SK HAFIJUR RAHAMAN	BA General	III	SK Hafijur Rahman
12	SK MD NASIM	BA General	III	SK MD Nasim
13	SK REJOYANUL KERIM	Zoology	III	SK Rejojanul kerim



Signature of Programme Officer

**Programme Officer
NSS Unit-I
GGCD Mangalkote**

Signature of Dr. Pradipta Kumar Basu

Dr. Pradipta Kumar Basu
OFFICER IN CHARGE, W.B.E.S.
Government General Degree College, Mangalkote
Dt. Purba Bardhaman, West Bengal- 713132