

GOVERNMENT GENERAL DEGREE COLLEGE, MANGALKOTE

**REPORT OF THE CARING FOR THE
ELDERLY (SENIOR CITIZENS) ORGANIZED
BY NSS UNIT I, GGDC, MANGALKOTE**

ON 21.05.2022



Dr. Pradipta Kumar Basu
OFFICER IN CHARGE, W.B.E.S.
Government General Degree College, Mangalkote
Dt. Purba Bardhaman, West Bengal- 713132

DETAILED REPORT

1.Aims and Objectives of the Programme: Aging is a natural process of life, but whether the elderly are living a good quality of life is an important matter which needs to be focused. The social responsibility campaign programme organized by the NSS unit of the college taught the volunteers to get involve with senior citizens of the nearby villages and spend some quality time with them knowing about their day-to-day old age problems which they face and how they cope with their loneliness, as more and more youngsters are leaving their families behind and migrating to other places for studies and jobs.

The main aim for this elderly care campaign held on 21st May 2022 was 1. To visit houses of senior citizens of nearby village to spend quality time with them. 2. Getting to know about their physical health problems and emotional wellbeing. 3. Trying to understand and help them with basic requirements which they need in their mundane life whether medication, any specific food supplement, or maintaining food diet to stay healthy. 4. Providing the elderly with books and activities like gardening, yoga, or some kind of entertainment to keep themselves busy and occupied throughout the day. 5. Helping them to socialize and interact with other elderly people in the neighbourhood to cope with loneliness. 6. Spreading awareness about the benefits which the government provides through PRONAAM.

2. Proceedings of the Programme (Description):

a)Name of the Programme: THE ELDERLY CARE CAMPAIGN

b)Date: 21-05-2022

c)Time: 12 Noon onwards

d)Venue: House of a Retired Teacher of Kulsona FP School Mr. Chandicharan Ghosh



e) Organizers of the Programme: NSS Unit of the college

f) Brief Summary of the Programme: On 21st May 2022, the NSS unit-I of GGDC Mangalkote visited the house of Mr. Chandicharan Ghosh, a retired teacher of Kulsona FP school around 12.30pm as a part of Elderly Care campaign. The volunteers willingly engaged in conversation with him to understand whether he lives a quality life with proper care and support from his family or not. The students further enquired about his health condition and checked his blood pressure, showed him a Bengali film Tonic which is related to how elderly people should enjoy this phase of life fulfilling their hobbies and interests, provided him some books and magazines so that he can spend his leisure time reading. Finally, before leaving his house, the volunteers and the coordinator gave their contact numbers so that he can call them anytime during any kind of help and need for assistance.

3.Participants: The volunteers of NSS Unit-I of GGDC Mangalkote participated in the campaign under the leadership of the NSS Coordinator Mr. Aritra Rudra and few other teachers of the college.

4.Result of the Programme: The students and teachers actively and enthusiastically extended their hands towards helping some of the senior citizens of the village by fulfilling their basic needs, checking their health condition and spending quality time listening to their daily problems which they face to ensure that they are being properly taken care of from all aspect and also showing them ways to enjoy this phase of life with self-confidence.

5.Conclusion:It is highly important for the younger generation to learn how to care, show respect and empathize with the elderly people. Through this social responsibility campaign, organized by the NSS unit, young students had some great experience interacting with them and gaining knowledge about the difficulties attached with old-age as well as teaching them various ways to cope with it.





The NSS Coordinator and the volunteers interacting with Mr. Chandicharan Ghosh on 21.5.22

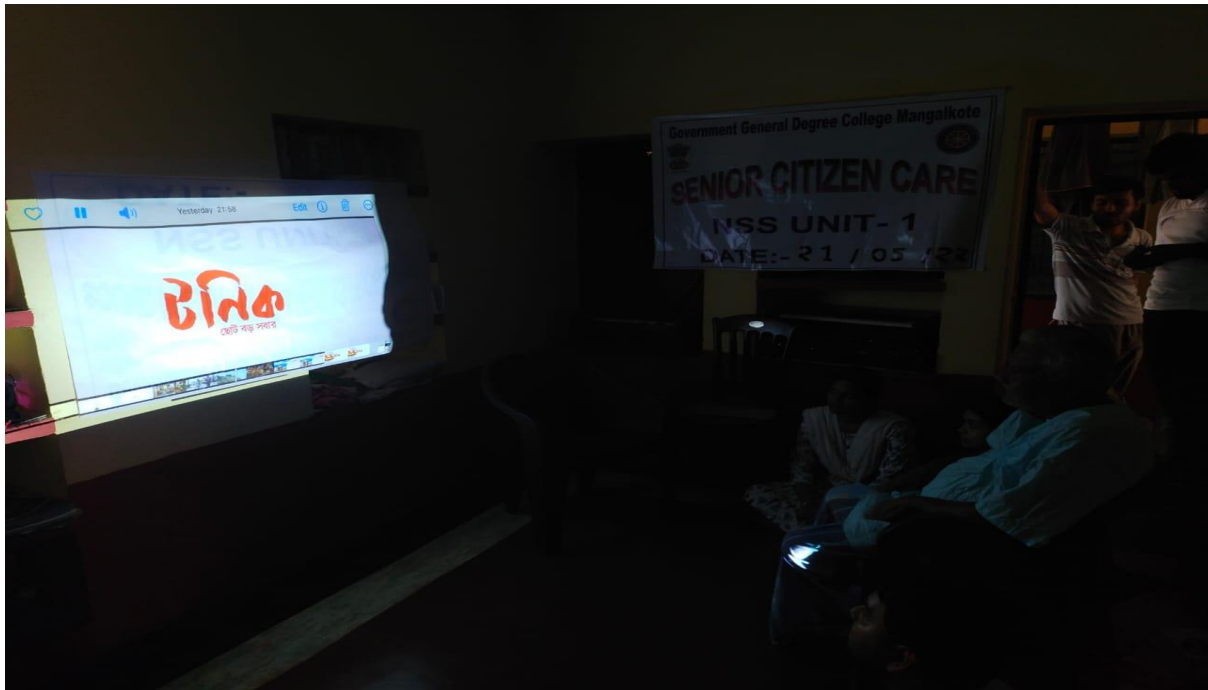


The volunteers conducting health check-up

Pradipta



Dr. Pradipta Kumar Basu
OFFICER IN CHARGE, W.B.E.S.
Government General Degree College, Mangalkote
Dt. Purba Bardhaman, West Bengal- 713132



Showing a Bengali Movie 'Tonic' as part of some entertainment



Amitra Rudra

NSS PROGRAMME OFFICER, GGDC, MANGALKOTE



Dr. Pradipta Kumar Basu
OFFICER IN CHARGE, W.B.E.S.
Government General Degree College, Mangalkote
Dt. Purba Bardhaman, West Bengal- 713132



Government of West Bengal

NSS UNIT

GOVERNMENT GENERAL DEGREE COLLEGE, MANGALKOTE
PANCHANANTALA, KHUDRUN DIGHI, MANGALKOTE
DISTRICT – PURBA BARDHAMAN; WEST BENGAL; PIN CODE - 713132

NOTICE

No.MGC/NSS/6/22

Date: 14.05.2022

It is hereby notified for the information of all concerned that the NSS Unit of the college is going to organize 'Caring for the Old' campaign on 21.05.2022 in the Pindira village. This campaign is part of the Social Responsibility Initiative of the NSS Unit (in association with the IQAC) of the college to promote awareness about the problems of the aged.

NSS volunteers are asked to participate in the campaign.

(Dr. Pradipta Kumar Basu)
Officer-In-Charge
GGDC, Mangalkote

(Mr. Aritra Rudra)
Programme Officer, NSS Unit I
GGDC, Mangalkote



Dr. Pradipta Kumar Basu
OFFICER IN CHARGE, W.B.E.S.
Government General Degree College, Mangalkote
Dt. Purba Bardhaman, West Bengal- 713132

Social Responsibility Initiative - **CARING FOR THE ELDERLY**
Organized by the NSS Unit, Government General Degree College, Mangalkote
(Date: 21.05.2022)

STUDENT ATTENDANCE SHEET

Sl. No.	Name of the Student Volunteer	Department	Semester	Signature
1	ANKAN SAMANTA	Sociology	IV	Ankan Samanta
2	MANISHA MONDAL	Sociology	VI	Manisha Mondal
3	MALA DAS	Zoology	IV	Mala Das
4	PRIYANKA SAHA	Zoology	IV	Priyanka Saha
5	SUSMITA PAL	Bengali	II	Susmita Pal
6	DEBALINA CHATTERJEE	English	II	Debalina Chatterjee
7	JOYITA GOSWAMI	Sociology	VI	Joyita Goswami
8	SHYAMA CHARAN PAL	Sociology	VI	Shyama Charan Pal
9	RINKI PANDIT	Sociology	VI	Rinki Pandit
10	TANMOY NOWAR	History	II	Tanmoy Nowar
11	TUNTUNI KHATUN	BA General	VI	Tuntuni khatun
12	DEBOLINA MODAK	English	II	Debolina Modak



[Handwritten Signature]

**Programme Officer
NSS Unit-I
GGCD Mangalkote**

[Handwritten Signature]
Dr. Pradipta Kumar Basu
OFFICER IN CHARGE, W.B.E.S.
Government General Degree College, Mangalkote
Dt. Purba Bardhaman, West Bengal- 713132