

GOVERNMENT GENERAL DEGREE COLLEGE, MANGALKOTE

REPORT

ON

HIV/AIDS AWARENESS AND SOCIETY

ORGANISED BY: NSS COMMITTEE & IQAC

DATE: 26.08.22

TIME: 01.30 pm onwards

VENUE: Seminar Hall, 2nd Floor



Dr. Pradyota Kumar Basu

Dr. Pradyota Kumar Basu
OFFICER IN CHARGE, W.B.E.S.
Government General Degree College, Mangalkote
Dr. P. N. S. Road, Mangalkote - 576112

OBJECTIVE OF THE SEMINAR:

The programme was aimed to make the students aware about the health complications related to HIV infection and their routes of transmission. It was organised to make the students understand the difference between HIV+ve individual and an individual suffering from AIDS to burst certain social myths and prejudices. Last but not the least, it was designed to inform the students about STDs in general and safe sex.

SPEAKER:

Dr. Amit Kumar Rakshit, Superintendent, Singot Rural Hospital

PROCEEDINGS OF THE SEMINAR:

The resource person, Dr. Amit Kumar Rakshit began his talk by introducing the audience to the full forms of 'HIV' – Human Immunodeficiency Virus and 'AIDS' – Acquired Immunodeficiency Syndrome. After giving a general introduction to the structure of viruses he explained the structure of HIV and how the genetic element of the retrovirus can gradually hijack the normal functioning of the immune cells of the human body. Consequently, the affected cells become factories manufacturing different components of HIV which then get assembled and attack newer cells. As a result, the virus slowly and gradually gains control of the immune system which gets weakened making the body vulnerable to diseases and infections. Detailing about the origin of this virus, the resource person explained that its origin dates back to the 19th century in Central Africa where the virus is thought to have been acquired from Chimpanzees. From Africa, it gradually spread to different parts of the world.

Dr. Amit Kumar Rakshit described the routes of entry of HIV in the human body which include unprotected sex with a HIV +ve person or coming in contact with the body fluids of HIV +ve person or sharing of injection syringes/drug equipment with an already affected person. The virus can also be transmitted from an infected mother to her child in her womb. As such these are very common in promiscuous individuals or those who frequent brothels or even among drug addicts. Using suitable protection (e.g., condom) during sexual intercourse can reduce the transmission of the disease to a large extent. The main problem with this virus is that it may often reside within the body of a person, after entry, without producing any significant symptoms. Mostly, they are asymptomatic. Even if the symptoms arise, they can easily escape being noticed. These include fever, rashes, sore throat, muscle aches, swollen lymph nodes, fatigue, night sweats and mouth ulcers which people may confuse with something not serious.



Whether these symptoms exist or not these people with HIV in their blood are highly contagious and spread the virus to whoever comes in sexual contact with them. However, if a person is careful enough and can get diagnosed at the proper time then medication can prevent advancement of the disease and giving rise to further complications. Science has largely advanced in the field of diagnosing and currently several self-testing kits are available which a person can employ to detect the disease on his/her own. Despite these advances sometimes HIV infections may go undetected because they are present in very low amounts in the blood. Timely detection of HIV infection is important for medications to start. Such a person can lead a normal life and will not transmit the virus to his/her uninfected partner. Here, he explained the differences between HIV infection and AIDS.

The resource person explained that when HIV infection goes undetected the immune system of the human body may succumb to the proliferating virus within the body of the infected person. Once beyond control, no amounts of medication can help. The CD4 cells drops drastically and the life-expectancy of the infected person is reduced to as low as three years approximately. Therefore, HIV testing is very important and should be taken periodically if a person is promiscuous or visits brothels or any other kind of sexual encounters without protection. Dr. Amit Kumar Rakshit also described about the quality of life that is severely affected in persons detected with HIV infection. There have been many instances of social ostracizations, losing jobs and being humiliated for the medical condition. All these have arisen due to lack of proper awareness about the disease and community education regarding their routes of transmission. Till today there are misconceptions that HIV infection can be transmitted simply by coming in contact with an infected person or even through air. Films, articles and research papers have highlighted the importance of sex education to adolescents which can largely spread the awareness of HIV, AIDS and other STDs (Sexually Transmitted Diseases). Educating the sex workers and common people about these diseases can prevent misconceptions from spreading in public and increase the acceptability of the unfortunate ones who become infected. The resource persons then showed some pictures of celebrities kissing on the cheeks of HIV infected people to create awareness about the modes of transmission of HIV and thereby increase the public acceptance of the infected ones. Beside medications, the infected ones need compassion and empathy to live a good life.

PARTICIPANT DETAILS:

NO. OF STUDENTS ATTENDED THE PROGRAMME: 41



Dr. Pradyota Kumar Bhanu

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OFFICER IN CHARGE, W.B.E.S.
Government College of Engineering, Bhubaneswar
D. Pata Jagadann, West Bengal-751012

OUTCOME OF THE PROGRAMME:

The students came to know about HIV, AIDS and STDs. They also came to know about certain myths and social prejudices associated with these. Finally, they became aware of various preventive measures against those diseases or their causative agents.



Dr. Pradyota Kumar Basu

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Government College of Engineering, Karimnagar
Dr. P. K. S. Reddy, West Bengal - 713122

GLIMPSES FROM THE PROGRAMME:

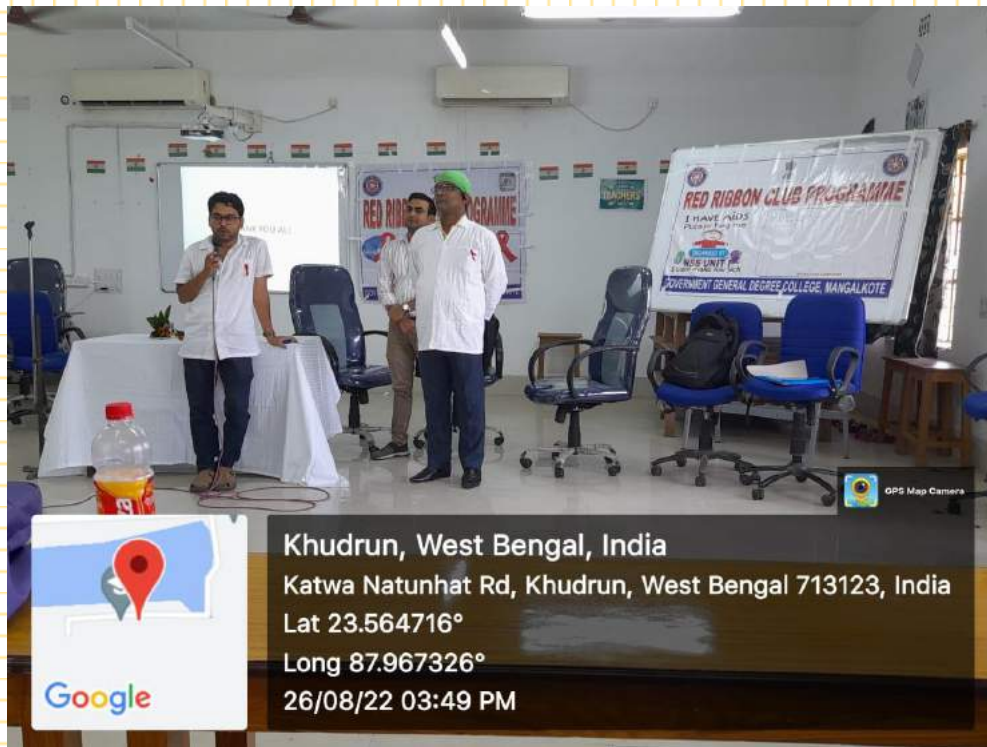


FIG 1: PROGRAM OFFICER, NSS INTRODUCING THE SPEAKER



FIG. 2: THE SPEAKER DELIVERING HIS LECTURE



FIG. 3: THE STUDENT PARTICIPANTS

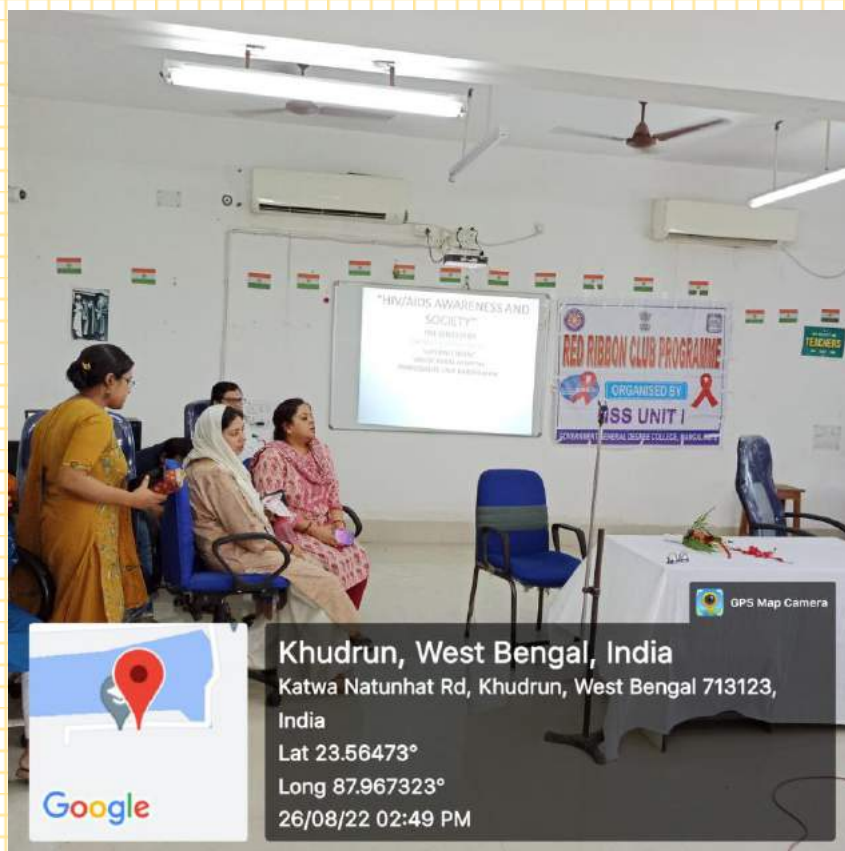


FIG. 4: THE TEACHER PARTICIPANTS

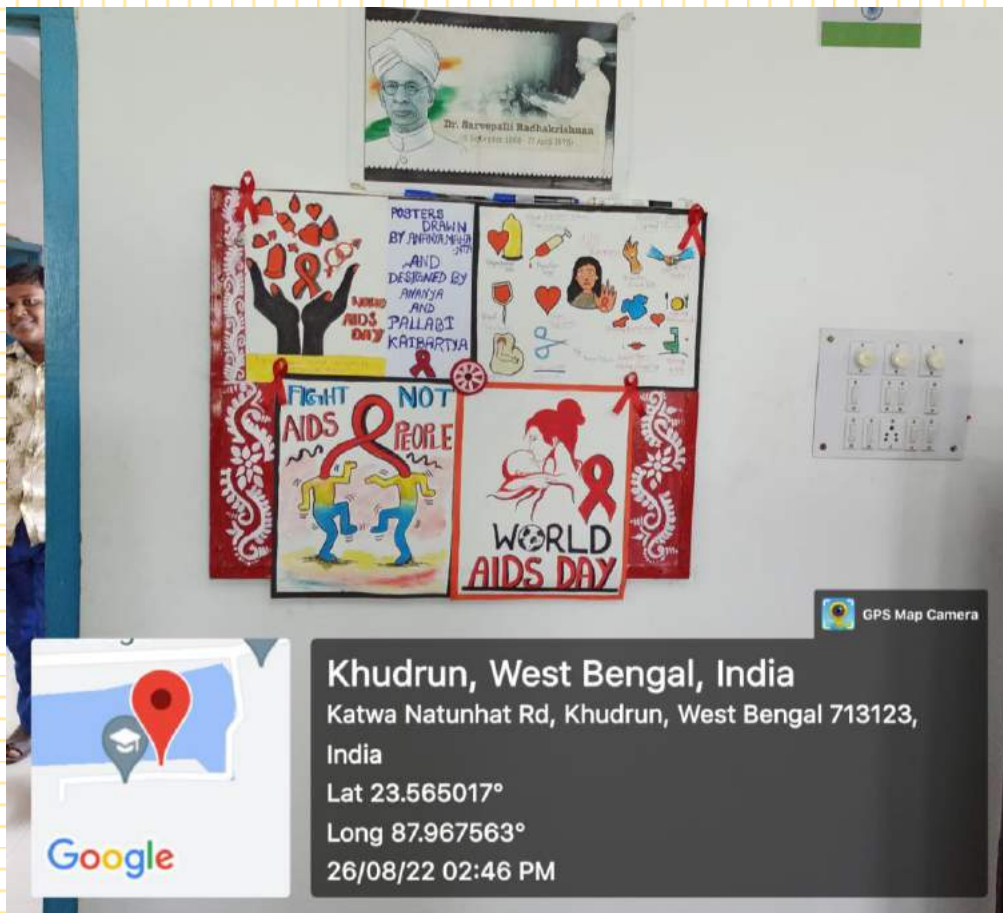


FIG. 5: WALL ART BY STUDENTS

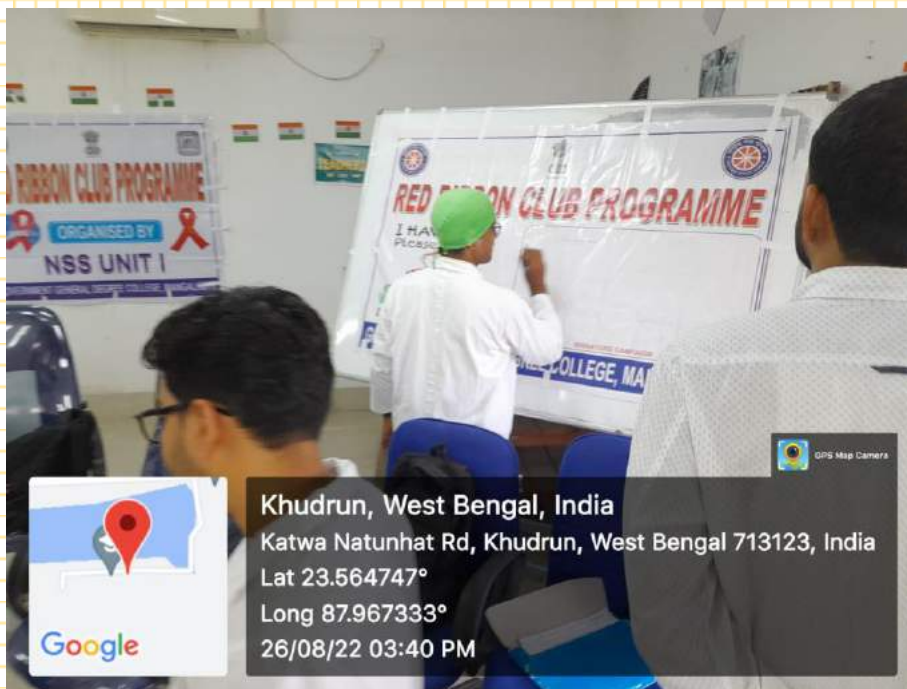


FIG. 6: THE SPEAKER SIGNING THE BOARD AFTER COMPLETION OF HIS LECTURE

AIDS AWARENESS PROGRAMME
Organized by RED RIBBON CLUB, NSS UNIT
Government General Degree College, Mangalkote
(Date: 26.08.2022)
Topic: 'HIV/AIDS Awareness and Society'

Speaker: Dr. Amit Kumar Rakshit, Superintendent, Singot Rural Hospital

LIST OF REGISTERED STUDENTS WHO PARTICIPATED IN THE AWARENESS SESSION

Sl. No.	Name of the Registered Student	Department	Semester	Signature
1	AMIN SK	History	V	Amin Sk
2	ASHA PRAMANIK	History	V	Asha Pramanik
3	ASTHA PAL	History	V	Astha Pal
4	BINA MAJHI	History	V	Bina Majhi
5	BRISHTI MONDAL	Bengali	I	Brishti Mondal
6	JAYABOTI BATABYAL	Bengali	I	Jayaboti Batabyal
7	SUBRATA KAR	Bengali	I	Subrata Kar
8	BRATATI BAIRAGYA	English	I	Bratati Bairagya
9	ARDHENDU MONDAL	BA General	III	Ardhendu Mondal
10	BIKASH LAHA	BA General	III	Bikash Laha
11	SK HAFIJUR RAHAMAN	BA General	III	SK Hafijur Rahaman
12	SK MD NASIM	BA General	III	SK Md Nasim
13	SK REJOYANUL KERIM	Zoology	III	SK Rejoyanul Kerim
14	SUNITA MAJHI	Bengali	I	Sunita Majhi
15	KUSUM METE	English	I	Kusum Mete
16	PRIYANKA PAL	English	I	Priyanka Pal
17	SAIEKA SHARLIN	History	III	

18	SUMAIYA KHATUN	History	III	Sumaiya Khatun
19	FERDOWSI KHATUN	BA General	III	Ferdowsi Khatun
20	GANESH PAL	BA General	III	Ganesh Pal
21	BEAUTI MAJHI	Political Science	V	Beauty Majhi
22	BISWAJIT SARKAR	Political Science	V	Biswasit sarkar
23	RAJA SK	Political Science	V	Raja Sk
24	BEAUTY GUPTA	BA General	V	Beauty GUPTA
25	SOUMYA MALLICK	Zoology	V	Soumya Mallick
26	DIPANKAR MAJHI	Political Science	I	Dipankar majhi
27	MD SABBIR HUSSAIN	Political Science	I	MD Sabbir Hussain
28	SAFIYA KHATUN	Political Science	I	Safiya Khatun
29	LATIFA KHATUN	Sociology	I	Latifa Khatun
30	TANIYA PARVIN	Sociology	I	Taniya Parvin
31	KRISHNA DAS	BA General	I	Krishna Das
32	KRISHNA PAL	BA General	I	Krishna Pal
33	ATANU PANJA	Zoology	I	Atanu Panja
34	KOUSHIK MUKHERJEE	Bengali	III	Koushik mukherjee
35	SUSMITA PAL	Bengali	III	Susmita Pal

36	DEBOLINA MODAK	English	III	Debolina Modak
37	BANI GHOSH	Political Science	III	Bani Ghosh
38	PAYEL THAKUR	Political Science	III	Payel Thakur
39	BULTI MAJHI	History	V	Bulti Majhi
40	DIYA SINGH	History	V	Diya Singh
41	LAJINA KHATUN	History	V	Lajina Khatun



Government of West Bengal

NSS UNIT

GOVERNMENT GENERAL DEGREE COLLEGE, MANGALKOTE

PANCHANANTALA, KHUDRUN DIGHI, MANGALKOTE

DISTRICT – PURBA BARDHAMAN; WEST BENGAL; PIN CODE - 713132

NOTICE

NO.MGC/NSS/11/22

Date: 20/08/2022

It is hereby notified to all concerned that an **Awareness Programme on HIV and AIDS** will be organized by the NSS Committee in association with IQAC on **26st August, 2022 at 1.30 P.M.** in the college seminar hall as part of the celebration of **World Aids Day** observed internationally on 1st December every year.

Dr. Amit Kumar Rakshit, Superintendent, Singot Rural Hospital, Purba Bardhaman, West Bengal will be delivering a lecture on **“HIV/AIDS Awareness and Society”** on the said occasion. This programme is part of the **Health, Hygiene and Sanitation Initiative** of the NSS Unit of the college.

All the faculty members are requested to be present in the awareness programme ignoring their preparatory day and encourage their students for maximum participation.

**Officer-in-Charge,
GGDC, Mangalkote**

**Coordinator,
IQACGGDC,
Mangalkote**

**Programme Officer,
NSS Committee,
GGDC, Mangalkote**





Government of West Bengal
Office of the Principal
GOVERNMENT GENERAL DEGREE COLLEGE, MANGALKOTE
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DISTRICT - PURBA BARDHAMAN; WEST BENGAL; PIN CODE - 713132; INDIA
Email: ggdc Mangalkote@gmail.com; Website: <https://mangalkotegovtcollege.org>

Date: 24.08.2022

To,
Dr. Amit Kumar Rakshit
Superintendent, Singot Rural Hospital
Purba Bardhaman, West Bengal

Sub: Invitation to deliver a Special Lecture in an Awareness Programme on HIV and AIDS, organized by the Red Ribbon Club, NSS Unit I, Government General Degree College, Mangalkote on 26.08.2022 at 1:30 PM.

Sir,

It is our honour to invite you as a speaker to deliver a Special Lecture entitled "HIV/AIDS Awareness and Society" in an Awareness Programme on HIV and AIDS, organized by the Red Ribbon Club, NSS Unit I, GGDC, Mangalkote on 26.08.2022 at 1:30 PM, on the occasion of World Aids Days observed internationally on 1st December every year. We sincerely hope that it will be an enriching experience for the students and faculty members to listen to your pertinent deliberation.

We shall be highly obliged if you kindly accept our invitation.

Officer-In-Charge
GGDC, Mangalkote



Dr. Pradipta Kumar Basu
OFFICER IN CHARGE, W.B.E.S.
Government General Degree College, Mangalkote
Dr. Purba Bardhaman, West Bengal-713132



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Certificate of Appreciation

This certificate is awarded to:

Dr. Amit Kumar Rakshit
Superintendent, Singot Rural Hospital

In recognition of his valuable contribution as an Invited Speaker in an Awareness Programme on HIV and AIDS entitled “HIV/AIDS Awareness and Society” on 26st August, 2022, organized by the Red Ribbon Club, National Service Scheme Unit I (in collaboration with IQAC, GGDC, Mangalkote) on the occasion of World Aids Day observed internationally on 1st December every year.

Officer-In-Charge
GGDC, Mangalkote