

REPORT

ON

NATIONAL WEBINAR ON

‘BODY AND MIND’

ORGANIZED

BY

DEPARTMENTS OF SOCIOLOGY AND ZOOLOGY

IN ASSOCIATION WITH IQAC, GGDC, MANGALKOTE

Date: 23rd April, 2022

Time: 6.00 PM onwards

Platform: Google Meet



सत्यमेव जयते

Government of West Bengal
GOVERNMENT GENERAL DEGREE COLLEGE, MANGALKOTE
Internal Quality Assurance Cell

Panchanantala, Khudrun Dighi, Mangalkote, Burdwan-713132, Dist.- Burdwan

Email: ggdc Mangalkote@gmail.com; *Website:* http://mangalkotegovtcollege.org

NO.: IQAC/04/2022

DATE: 24.03.2022

NOTICE

In view of the forthcoming 'World Health Day' on 7th April, 2022 the NSS committee is requested to organize an awareness programme within the college premises by 12th April, 2022.

In addition to this, the Departments of Sociology and Zoology are requested to take initiatives for arranging a webinar to celebrate 'World Health Day' towards the end of April, 2022 (as per convenience of the invited speakers).

Countersigned

**Officer-in-Charge
GGDC at Mangalkote
Purba Bardhaman**



**Coordinator, IQAC
GGDC at Mangalkote
Purba Bardhaman**

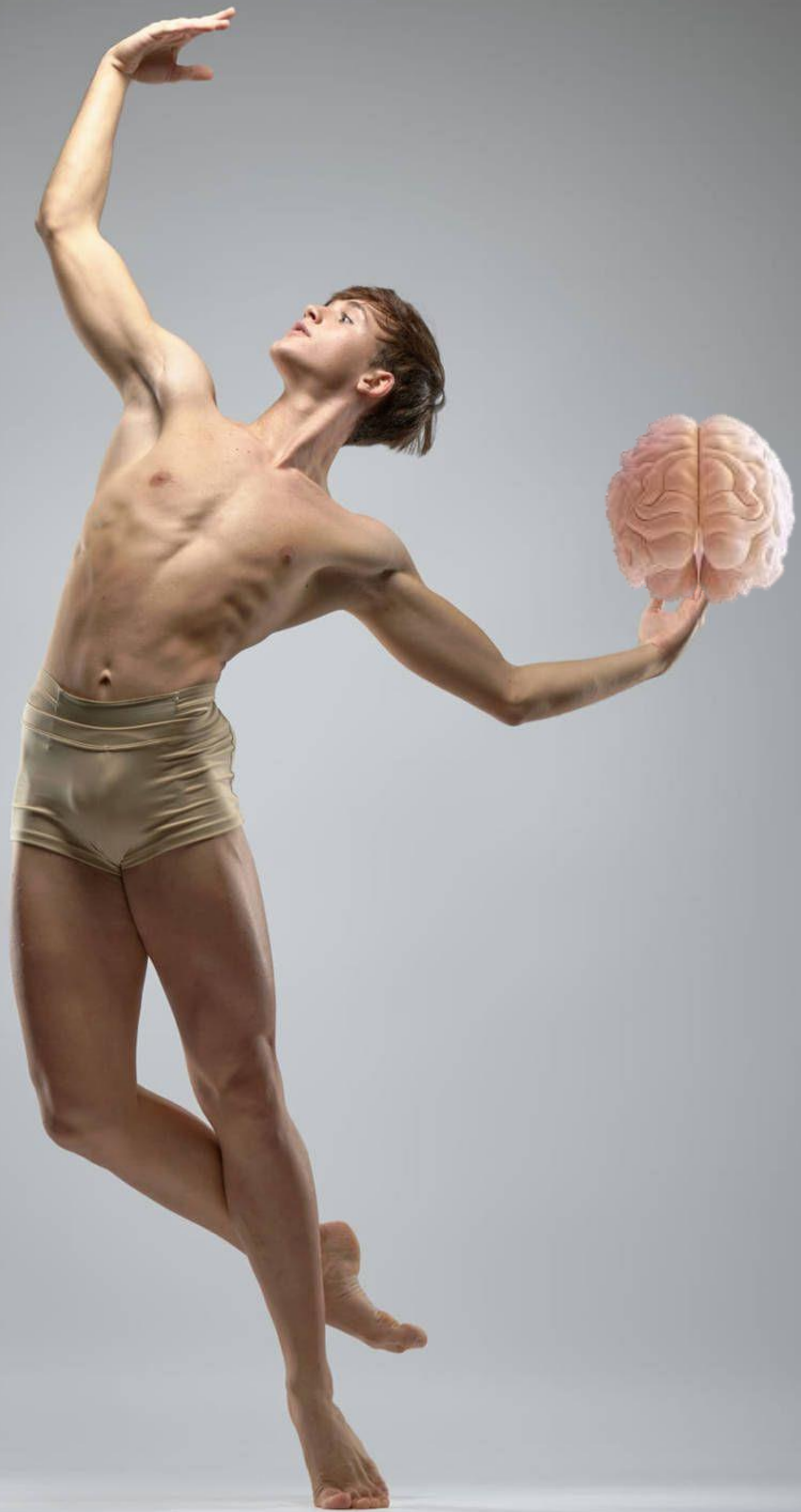
Dr. Pradipta Kumar Basu
OFFICER IN CHARGE, W.B.E.S.
Government General Degree College, Mangalkote
Dt. Purba Bardhaman, West Bengal- 713132



GOVERNMENT GENERAL DEGREE COLLEGE AT MANGALKOTE

Departments of Zoology and Sociology
In association with IQAC, GGDC, Mangalkote
celebrates

WORLD HEALTH DAY




NATIONAL WEBINAR

on

“BODY AND MIND”

SATURDAY, APRIL 23RD, 2022

AT: 06.00 P.M.


Dr. Pradipta Kumar Basu
OFFICER IN CHARGE, W.B.E.S.
Government General Degree College, Mangalkote
Dt. Purba Bardhaman, West Bengal- 713132

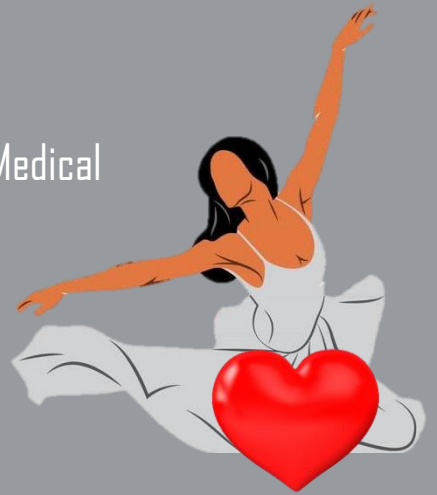


Invited speakers:

DR. DEBARATI BISWAS

[Infertility specialist and laparoscopic surgeon,
MBBS, MS (Obstetrics and Gynaecology) from R. G. Kar Medical
College and Hospital, Kolkata]

Assistant Professor (Obstetrics and Gynaecology)
Shri Shankaracharya Institute of Medical Sciences,
Bhilai,
Chhattisgarh, India.



Topic : **WOMEN'S HEALTH**

The discussion will be highlighting the common health issues being faced by young adult women with a thrust on their menstrual hygiene.

TIME: 6.15 PM TO 7.00 PM

MS. PRAITI CHAKRABORTY


Lecturer in Psychology,
Seth Anandaram Jaipuria College, Kolkata,
West Bengal, India.
[Ph.D. Research Scholar, University of Calcutta]



Topic : **MENTAL HEALTH CRISIS OF YOUTH**

Her talk and interaction with students will focus on the mental health issues like stress and depression which are affecting the contemporary youth.

TIME: 7.15 PM TO 8.00 PM


Dr. Pradipta Kumar Basu
OFFICER IN CHARGE, W.B.E.S.
Government General Degree College, Mangalkote
Dt. Purba Bardhaman, West Bengal- 713132



ORGANIZING COMMITTEE:

PATRON: DR. PRADIPTA KUMAR BASU, OFFICER-IN-CHARGE, GGDC, MANGALKOTE

ADVISOR: DR. DEBRAJ BISWAL, COORDINATOR, IQAC, GGDC, MANGALKOTE

ORGANIZERS:

MR. PINAKI ROY, HEAD, DEPT. OF SOCIOLOGY

DR. DEBRAJ BISWAL, HEAD, DEPT. OF ZOOLOGY

HOST ASSOCIATES:

ALL FACULTY MEMBERS OF IQAC COMMITTEE & DEPTS. OF SOCIOLOGY AND ZOOLOGY OF GGDC, MANGALKOTE

PROGRAMME SCHEDULE (23.04.2022):

6.00 – 6.05 PM: WELCOME ADDRESS BY HEAD, DEPT. OF SOCIOLOGY

6.05 – 6.10 PM: INAUGURAL ADDRESS BY OIC, GGDCM

6.10 – 6.15 PM: ADDRESS BY COORDINATOR, IQAC

6.15 – 7.00 PM: LECTURE I

7.00 – 7.15 PM: DISCUSSION

7.15 – 8.00 PM: LECTURE II

8.00 – 8.15 PM: DISCUSSION

8.15 – 8.30 PM: VOTE OF THANKS

REGISTER BY 22.04.2022 AT:

<https://forms.gle/XpnY24qdvXefWhtC9>



SATURDAY, APRIL 23RD, 2022
Google Meet gateway opens at 5.30 P.M.

PLEASE JOIN -

<https://meet.google.com/qjb-gtgx-xfz?hs=224>

PARTICIPATION CERTIFICATES WILL BE PROVIDED TO CANDIDATES SUBMITTING THE FEEDBACK FORM AT THE END OF THE WEBINAR

Basu

Dr. Pradipta Kumar Basu
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GOVERNMENT GENERAL DEGREE COLLEGE, MANGALKOTE
DEPARTMENT OF SOCIOLOGY
AND
DEPARTMENT OF ZOOLOGY
IN ASSOCIATION WITH IQAC, GGDC, MANGALKOTE

Invite you to join the
NATIONAL WEBINAR
ON
'BODY AND MIND'

SPEAKERS:

Dr. Debarati Biswas, Assistant Professor in
Obstetrics and Gynaecology, Shri Shankaracharya
Institute of Medical Sciences, Bhilai

Ms. Praiti Chakraborty, Lecturer in
Psychology, Seth Anandram Jaipuria College,
Kolkata

on **23.04.2022**
AT: **6.00 PM.**
Venue: : **Google Meet**

ABOUT THE PROGRAMME:

To celebrate World Health Day, this webinar aims to create awareness of physical and mental health among students. Dr. Debarati Biswas will discuss women's health, emphasizing lifestyle choices, hygiene, and disease prevention. Ms. Praiti Chakraborty will address the mental health crisis among youth, focusing on stress, unrealistic expectations, and the importance of emotional management.

TARGET AUDIENCE:

U.G. Students of GGDC, Mangalkote



Pradipta
Dr. Pradipta Kumar Basu
OFFICER IN CHARGE, W.B.E.S.
Government General Degree College, Mangalkote
Dr. Palle Sarabanan, West Bengal-711132