

GOVERNMENT GENERAL DEGREE COLLEGE, MANGALKOTE

SEMINAR REPORT

ON

**SEDDENTARY LIFESTYLE AND PHYSICAL
FITNESS**

ORGANISED BY: UGC-SEMINAR COMMITTEE

DATE: 26.11.19

TIME: 02.00 pm - 3.30 pm

VENUE: Seminar Hall, 2nd Floor

GLIMPSES FROM THE SEMINAR



PIC.1: THE SPEAKER WITH HIS PRESENTATION ON 26.11.19



PIC.2: THE SPEAKER DELIVERING HIS LECTURE ON 26.11.19