

# GOVERNMENT GENERAL DEGREE COLLEGE, MANGALKOTE

## SEMINAR REPORT

ON

# Improving Concentration

ORGANISED BY: UGC-SEMINAR COMMITTEE

DATE: 27.11.18

TIME: 01.00 pm – 2.30 pm

VENUE: Seminar Hall, 2nd Floor



# GOVERNMENT GENERAL DEGREE COLLEGE AT MANGALKOTE

## UGC-SEMINAR COMMITTEE

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DATE: 22.11.18

### NOTICE

All concerned are hereby notified that a seminar on "Improving Concentration" has been scheduled to be organised by the UGC-Seminar Committee, GGDC, Mangalkote on 27.11.18 from 01.00 pm – 2.30 pm (venue – Seminar Hall, 2<sup>nd</sup> Floor). The programme is a part of the capacity building of students which will help to bring out the best in all their academic endeavours. Ms. Sanchari De, Assistant Professor, Department of Sociology, GGDC, Mangalkote will act as in-house resource person for the said programme.

All the departments are requested to encourage their students for maximum participation in the programme and to register for the same at the earliest. The brochure will be shared shortly.

### COUNTERSIGNED



**OFFICER-IN-CHARGE  
GGDC, MANGALKOTE**



**CONVENER  
UGC-SEMINAR COMMITTEE  
GGDC, MANGALKOTE**



**GOVERNMENT GENERAL DEGREE COLLEGE, MANGALKOTE**  
**UGC SEMINAR COMMITTEE**

Invites you to join the

**SEMINAR**

on

***IMPROVING CONCENTRATION***

on 27.11.2018

AT: 01.00 P.M.

Venue: Seminar Hall, 2<sup>nd</sup> Floor



***ABOUT THE PROGRAMME:***

In the current scenario of distractions and multi-tasking lack of concentration has emerged as a commonly reported problem in all generations, young and old. However, there are certain techniques, which, if practiced seriously can help in improving concentration. Often regarded as a soft skill this can enhance the academic and co-curricular performance of students. The current programme aims to make the students aware of these issues and the techniques to handle them.

***TARGET AUDIENCE:***

U.G. Students of GGDC, Mangalkote

***SPEAKER:***

**PROF. SANCHARI DE**  
ASSISTANT PROFESSOR,  
DEPARTMENT OF SOCIOLOGY,  
GGDC, MANGALKOTE



**Dr. Pradipta Kumar Basu**  
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