


**GOVERNMENT GENERAL DEGREE COLLEGE
MANGALKOTE**



**Report of the Seminar on Health Awareness
organized by NSS Unit I, GGDC, Mangalkote on
29.03.2019**


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A glimpse of Dr. Debasish Kundu, Assistant Professor in Chemistry speaking on Lipid Profile and Healthy Body

DATE: 29.03.19



Dr Debasish Kundu explaining how much of the discussion on cholesterol focuses on its negative effects. However, cholesterol helps with various bodily functions, including cell building and repair, bile production, and hormone production.

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Another glimpse of the seminar

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Dr. Kundu explained that lipid profile test, also known as a lipid panel, is a blood test that measures the levels of cholesterol and other fats in your blood. These fats are called lipids. Cholesterol is a waxy substance that your body needs to build healthy cells. However, too much cholesterol can build up in your arteries and increase your risk of heart disease, stroke, and other health problems.

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